Brittany S. Erskine, MA, PLMHP (she/her)

Curriculum Vitae

University of Nebraska – Lincoln Department of Psychology 238 Burnett Hall Lincoln, NE 68502 berskine2@huskers.unl.edu

EDUCATION

Ph.D. in Clinical Psychology (In progress)	August 2021 – Present
University of Nebraska-Lincoln – Lincoln, NE	
Department of Psychology	
Clinical Psychology Training Program (APA Accredited)	
Concentration: Child and Family	
Major Advisor: David J. Hansen, Ph.D.	
M.A. in Clinical Psychology	May 2023
University of Nebraska-Lincoln – Lincoln, NE	
Department of Psychology	
Clinical Psychology Training Program	
Thesis: Parent-Child Relationship: A Protective Factor for In Adolescent Girls in Residential Treatment	ternalizing Problems Among
Major Advisor: David J. Hansen, Ph.D.	
B.S. in Psychology, Summa Cum Laude, Honors	December 2017
Western Michigan University - Kalamazoo, MI	
Minor: Anthropology	
A.A. in Liberal Arts, <i>Honors</i> Kalamazoo Valley Community College - Kalamazoo, MI	December 2015
Concentration: Psychology	
HONORS & AWARDS	
Research Advisory Committee/Warden Travel Award (\$350) University of Nebraska – Lincoln	2022 - 2024
Psychology Award of Distinction Recipient (\$500) Western Michigan University	2017
Dean's List	2016 - 2017

Dean's List Western Michigan University

CERTIFICATIONS

Provisionally Licensed Mental Health Provider State of Nebraska License Number: 13493

Monreal Cognitive Assessment (MoCA) Certification MoCA Clinic and Institute Certification ID: USERSBR710757679-01

CLINICAL EXPERIENCE

Psychology Extern Whitehall Psychiatric Residential Treatment Facility, Lincoln Regional Center Supervisor: Cindy Nash, PhD, LP

Description: Whitehall is a residential treatment center for adolescent boys. Within this facility, there are two treatment programs: one for youth with substance use disorders and one for youth who sexually harm. The program is designed to help youth address underlying mental health concerns and build the effective coping strategies, social skills, and problem-solving skills needed to prepare them for transitioning back into their communities. The multidisciplinary treatment team works collaboratively to provide various services for youth and their families including psychological evaluations, individual and family psychotherapy, group therapy, and pharmacotherapy.

Primary responsibilities:

- Conduct biopsychosocial intake assessments for newly admitted youth presenting with substance use disorders, paraphilias, and other co-occurring presentations (e.g., ADHD, oppositional/defiant behavior and conduct disorders, mood and anxiety disorders, trauma-related disorders).
- Write integrated reports using assessment information, which includes a clinical interview (e.g., PADDI-5, supplemental questions about youths' family/cultural background), cognitive tests/screeners (e.g., MOCA, WISC-IV), suicide/NSSI risk assessment (i.e., C-SSRS), personality assessment (i.e., MACI-II, PAI-A), emotional/behavior measures (e.g., BASC-3 SRP-A, CATS), and program specific measures such as the ASAM for youth presenting for substance use treatment and the YNPS for youth presenting with sexual behavior concerns. Assessment information is integrated with collateral information obtained from outside agencies (e.g., probation, law enforcement, prior evaluations/therapy documentation, school) to create a comprehensive evaluation with treatment recommendations.
- Co-facilitate CBT-based group therapy targeted to reduce risk and prevent relapse.
- Conduct monthly treatment progress assessments with each youth to present to the treatment team at scheduled treatment review meetings.
- Participate in multidisciplinary team meetings to discuss youth treatment needs and areas of concern.

Psychology Extern

Child Psychiatry Department, University of Nebraska Medical Center Supervisor: Corey Lieneman, PhD, LP

Description: The Child and Adolescent Psychiatry Clinic is housed within the University of Nebraska Medical Center (UNMC) and serves children presenting with emotional, behavioral, and/or cognitive

2024 - 2026

2023 - 2028

June 2024 - Present

June 2023 – May 2024

concerns. The clinic provides various services for children and their families including comprehensive psychological evaluations, outpatient psychotherapy, and pharmacotherapy.

Primary responsibilities:

- Provided evidence-based outpatient psychotherapy to children and families with emotional and behavioral concerns, including Behavioral Parent Training, Parent Child Interaction Therapy (PCIT), Behavior Therapy, Cognitive Behavioral Therapy, and aspects of Dialectical Behavior Therapy.
- Conducted comprehensive psychological evaluations for children and adolescents with various presenting concerns (e.g., ADHD, ASD, OCD, learning disability, mood and anxiety concerns, disruptive and oppositional behavior, co-occurring complex presentations).
- Wrote integrated reports using assessment information, which included cognitive tests (e.g., WISC-V), emotional/behavioral measures (e.g., BASC-3, ECBI, ABAS-3, ASRS, NICHQ Vanderbilt ADHD Diagnostic Scales, SCARED, CY-BOCS), and a clinical interview.

Clinical Psychology Extern

Psychological Consultation Center, University of Nebraska- Lincoln Supervisors: Peter Meidlinger, PhD & Nika George, PhD

Description: The Psychological Consultation Center (PCC) is the on-campus clinic for the Clinical Psychology Training Program at the University of Nebraska - Lincoln. The PCC provides a variety of mental health services to the community in Lincoln and southeast Nebraska.

Primary responsibilities:

- Provided outpatient psychotherapy to adult and adolescent clients.
- Conducted diagnostic intake interviews and brief psychological assessments.
- Provided peer feedback during group supervision.

Early Childhood Mental Health Consultant

September 2021 – June 2022 **Community Action Partnership of Lancaster & Saunders Counties – Early Head Start** Psychological Consultation Center, University of Nebraska – Lincoln

Supervisor: Corrie Davies, PhD

Description: HS/EHS is a school readiness and child development intervention program for families and children who have been identified to be at risk in the community. The non-profit program provides prenatal services to enhance the development of infants and toddlers, and provides services at an early age, which has a significant impact on a child's growth and development. Additionally, HS/EHS allows parents to get involved with in their child's development, offers home-based and center-based program options, provides nutrition, medical and dental care, and ensures social and emotional engagement for enrolled children.

Primary responsibilities:

- Advised staff on early childhood development milestones, emotion regulation for parents and • young children, domestic violence, suicide prevention, and behavioral modification techniques for toddlers.
- Provided personalized referrals to mental health services for families.
- Facilitated staff training on special interest topics, such as adverse childhood experiences and talking with caregivers about trauma.
- Evaluated child behavioral problems and environmental concerns, caregiver depression, and • parenting practices with measures such as the Behavior and Emotional Screening System-Revised (BESS-R) and the Center for Epidemiological Studies Depression Scale-Revised (CESD-R).

August 2022 – August 2023

• Assessed "needs levels" (i.e., Low, Moderate, High needs) and made recommendations for families based on screeners, home visitor observation report, and clinical measures.

Project SAFE (Sexual Abuse Family Education) Co-Therapist Child Advocacy Center

August 2021 – Present

Psychological Consultation Center, University of Nebraska – Lincoln Supervisors: David J. Hansen, PhD & Mary Fran Flood, PhD

Description: The Project SAFE Group Intervention is a 12-week cognitive-behavioral treatment program for sexually abused youth, non-abused, non-offending siblings, and non-offending caregivers. The Brief Family Intervention (BFI) consists of 3-6 psychotherapy sessions for youth who have been sexually abused and their non-offending caregivers. Topics covered during sessions include sexual education, emotions related to family changes, the abuse and perpetrator, support networks, coping skills, and self-advocacy.

Primary responsibilities:

- Serving as a co-therapist for 12-week, cognitive-behavioral group therapy for sexually abused youth and their non-offending caregivers.
- Providing short-term individual psychotherapy for children and adolescents who have experienced sexual abuse and their non-offending caregivers.
- Managing disruptive behaviors, teaching coping skills, and facilitating discussion.
- Consulting with parents and other caregivers about safety concerns and treatment progress.
- Revising treatment protocols and manuals.

OTHER RELAVENT EXPERIENCE

Patient Care Aide

December 2014 – January 2018

Ascension Borgess Hospital, Inpatient Behavioral Health Supervisor: Rebecca McCormick, RN

Description: This behavioral health unit housed within Ascension Borgess Hospital provides inpatient psychiatric care to patients experiencing acute and chronic mental health problems. The four units include a wing for adolescents (ages 11-17), adults, and geriatric patients experiencing a range of mental health symptoms and diagnoses (e.g., depression, bipolar, dementia, substance abuse/withdrawal, schizophrenia, psychosis), many of which are admitted involuntarily following unsafe or erratic behaviors.

Primary responsibilities:

- Provided patient care and facilitated activities of daily living to pediatric, adult, and geriatric patients.
- Monitored, assessed, and documented patient behavior and affect.
- Conducted nightly group therapy consisting of goal setting, psychoeducation, coping strategies, peer support, group activities, and art therapy for up to 20 adult or adolescent patients.
- Provided one-on-one supervision to actively suicidal patients.
- Compassionately re-oriented and de-escalated confused or agitated patients.
- Maintained certification in Basic Life Support (BLS), Crisis Prevention Intervention (CPI), and yearly competency tests (e.g., assessing suicide risk and safe use of restraints).

RESEARCH EXPERIENCE

Child Maltreatment Lab University of Nebraska – Lincoln, *Department of Psychology* $August \ 2021-Present$

Graduate Research Assistant

Principal Investigators: David J. Hansen, PhD & Mary Fran Flood, PhD

Research: Lab research focuses on child sexual abuse, as well as other various forms of child maltreatment and adverse childhood experiences.

Primary responsibilities:

- Provide Project SAFE (Sexual Abuse Family Education) treatment services for children and adolescent victims of sexual abuse; their non-abused, non-offending siblings; and non-offending caregivers.
- Recruit, supervise, and train undergraduate research assistants on scoring and entering data.
- Mentor undergraduate academic and professional development.
- Developed and proposed master's thesis using psychological evaluation data from a residential treatment program.
- Design research projects and contribute to lab manuscripts.
- Prepare data for conference presentations and manuscripts.

Child Injury and Maltreatment Prevention Lab

Western Michigan University, Department of Psychology Research Assistant

Principle Investigator: Amy Damashek, PhD

Research: A quantitative study examining the psychometrics of a measure to assess caregiver perceptions of home visiting services.

Primary responsibilities:

- Recruited participants via telephone using referral information.
- Confirmed eligibility of participants and obtained informed consent.
- Administered Client Perception of Home Visitor (CPHVM) and Working Alliance Inventory -Short Form (WAI) via telephone.
- Collected and organized participant data.
- Attended weekly professional development meetings.

Office of the Medical Examiner

Western Michigan University School of Medicine, Division of Neuropathology Senior Neuropathology Research Assistant

Supervisors: Rudolph Castellani, MD & Amanda Fisher-Hubbard, MD

Research: Various genetic and molecular correlation studies exploring the etiology and effective treatment of psychiatric disorders, substance abuse, and COVID-19. Other research included case reports, case series, case-control studies, and retrospective studies on traumatic brain injury (TBI), chronic traumatic encephalopathy (CTE), and fatal child/domestic abuse.

Primary responsibilities:

- Coordinated, trained, and managed daily operations of research team.
- Created research protocol documents and training procedures.
- Reviewed autopsy cases daily, identified and referred potential brain donors to Lieber Institute for Brain Development (LIBD).
- Performed human brain examinations, identifying gross pathological anomalies/injury for both forensic and research purposes.
- Managed databases for multiple LIBD research sites across the U.S.
- Organized clinical records and distributed diagnostic reports.

January 2018 – July 2021

August 2020 – February 2021

- Formed and hosted monthly journal club, presenting articles on current psychological and neuroscience research.
- Contributed to peer-reviewed research publications.

Child Injury and Maltreatment Prevention Lab Western Michigan University, *Clinical Psychology Department* Undergraduate Research Assistant Principle Investigator: Amy Damashek, PhD

Research: A prospective mixed-methods pilot study to assess which factors increase or decrease maternal engagement in home visiting programs for improving parenting skills, prevention of child injury and death.

Primary responsibilities:

- Assisted in administration of the Client Satisfaction Survey, Client Cultural Competence Inventory, and Client Perceptions of Home Visitors (CPHV) measures.
- Transcribed qualitative data from home visitor interviews.
- Attended weekly journal club, where topics focused on infant mortality, racial disparities, and child abuse.

PUBLICATIONS

- Mii, A. E., Erskine, B. S., Willis, M. C., Draft, D., Sonnen, E., Flood, M. F., & Hansen, D. J. (2024). Adverse Childhood Experiences among Adolescent Girls in Residential Treatment: Relationship with Trauma Symptoms, Substance Use, and Delinquency. *Journal of Child & Adolescent Trauma*. https://doi.org/10.1007/s40653-024-00654-1
- Erskine, B.S., May, G.C., Hansen, D.J. (2024). Child Maltreatment: Socioeconomic Stressors. In: Shackelford, T.K. (eds) *Encyclopedia of Domestic Violence*. Springer, Cham. <u>https://doi.org/10.1007/978-3-030-85493-5_2192-1</u>
- Iverson, G. L., Deep-Soboslay, A., Hyde, T. M., Kleinman, J. E., Erskine, B., Fisher-Hubbard, A., deJong, J. L., & Castellani, R. J. (2021). Suicide in Older Adult Men Is Not Related to a Personal History of Participation in Football. *Frontiers in Neurology*, 12, 745824–745824. <u>https://doi.org/10.3389/fneur.2021.745824</u>
- Tribett, T., Erskine, B., Bailey, K., Brown, T., & Castellani, R. J. (2019). Chronic traumatic encephalopathy pathology after shotgun injury to the brain. *Journal of Forensic Science*. 46(4), 1248-1252. doi:10.1111/1556-4029.14001
- Tripathy, A., Shade, A., Erskine, B., Bailey, K., Perry, G., & Castellani, R. (2019). CTE Pathology Absent in Former Military Services Members: A Preliminary Study Demonstrating No Increase in Neurodegenerative Proteinopathy Following TBI (P2.9-048). *Neurology*, 92(15_supplement). https://doi.org/10.1212/WNL.92.15_supplement.P2.9-048
- Tripathy, A., Shade, A., Erskine, B., Bailey, K., Grande, A., deJong, J. J., Perry, G., & Castellani, R. J. (2019). No evidence of increased chronic traumatic encephalopathy pathology or neurodegenerative proteinopathy in former military service members. *Journal of Alzheimer's Disease*. 67(4), 1277-1289. doi: 10.3233/JAD-181039

MANUSCRIPTS IN PREPARATION

May – August 2016

- May, G.C., Willis, M.C., **Erskine, B.S.**, Flood, M.F., & Hansen, D. J. (to be submitted to Journal of Child Sexual Abuse). *Best Serving Families Following Child Sexual Abuse: A Community-based Group Intervention Following Child Sexual Abuse*. Manuscript in preparation.
- Mii, A. E., Meidlinger, K., May, G.C., Willis, M.C., Erskine, B.S., Flood, M. F., & Hansen, D. J. (to be submitted). Assessing Youth and Nonoffending Caregiver Expectations Post Sexual Abuse: Psychometric Evaluation of Three Self-Report Measures. Manuscript in preparation.
- Coffey, H. M., May, G., Mii, A. E., **Erskine, B. S.**, Sonnen, E., Huit, T. Z., Flood, M. F., & Hansen, D. J. *Community support and service accessibility following child sexual abuse: Relationship with youth mental health symptoms.* Manuscript in preparation.
- Schmidt, C., Erskine, B., Castellani, R., Fisher-Hubbard, A., & deJong, J. *The aftermath of abusive head trauma: A unique pediatric disease.* Manuscript in preparation.

OTHER PUBLICATIONS

Hansen, D. J. & Flood, M. F. with Willis, M. C., Mii, A. E., May, G. C., Coffey, H. M., & Erskine, B. S. (2024). Project SAFE (Sexual Abuse Family Education) group intervention: Child, adolescent, & parent treatment manuals, Version 3.0 [Treatment Manuals]. *University of Nebraska-Lincoln, Department of Psychology*.

PROFESSIONAL PRESENTATIONS & POSTERS

- Erskine, B. S., Vehabovic, N., Mii, A. E., Coffey, H. M., May, G. C., Willis, M.C., Flood, M. F., & Hansen, D. J. (2024, November). *Parent-child relationship: A protective factor for internalizing symptoms among girls in residential treatment*. Poster presented at the 58th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT) Annual Meeting, Philadelphia, PA.
- May, G. C., Willis, M.C., Mii, A. E., Coffey, H. M., Erskine, B. S., Vehabovic, N., Petsche, T., Sydik, K., Hall, E., Draft, D., Flood, M. F., & Hansen, D. J. (2024, November). *Mixed methods examination of caregiver satisfaction and acceptability of group treatment following child sexual abuse*. Poster presented at the 58th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT) Annual Meeting, Philadelphia, PA.
- Willis, M. C., May, G. C., Mii, A. E., Coffey, H. M., Erskine, B. S., Vehabovic, N., Flood, M. F., & Hansen, D. J. (2024, November). *Importance of protective factors in survivors of childhood sexual abuse presenting to treatment at a child advocacy center*. In Villodas, M. (chair), *Engaging with communities to improve mental health services for individuals who have experienced adversity and trauma*. Symposium presentation at the 58th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT) Annual Meeting, Philadelphia, PA.
- May, G. C., Erskine, B. S., Coffey, H. M., Mii, A. E., Flood, M. F., & Hansen, D. J. (2023, November). Community support and service utilization buffer the impact of maltreatment on adolescent behavioral concerns: A longitudinal examination. Poster presented at the International Society for Traumatic Stress Studies 39th Annual Meeting, Los Angeles, CA.
- Mii, A. E., Erskine, B. S., Draft, D., Coffey, H. M., May, G. C., Flood, M. F., & Hansen, D. J. (2023, November). Adverse childhood experiences among adolescent girls in residential treatment: Relationship with trauma symptoms and substance use. Poster presented at the 57th Annual Convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA.

- May, G. C., Coffey, H. M., Mii, A. E., Erskine, B. S., Flood, M. F., & Hansen, D. J. (2023, November). Childhood maltreatment and the development of adolescent internalizing symptoms: Community support and service utilization as protective factors. Poster presentation at the 57th Annual Convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
- May, G. C., Mii, A. E., Coffey, H. M., Erskine, B. S., Willis, M. C., Flood, M. F., & Hansen, D. J. (2023, November). Caregiver support following child sexual abuse: Project SAFE (Sexual Abuse Family Education). In Lewis, J & R. Breaux (Co-chairs), Service-delivery methods for building parent capacity in the face of child adversity. Symposium presentation at the 57th Annual Convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA.
- **Erskine, B. S.**, Mii, A. E., Sonnen, E., Flood, M. F., Hansen, D. J. (2022, November). *Child maltreatment and parental incarceration among adolescent girls in a residential treatment program.* Poster presented at the 56th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York City, NY.
- May, G. C., Erskine, B. S., Boohar, E., Chambers, J., Brakenhoff, B., Spicer, A., Packard, D., Sonnen, E., Huit, T. Z., Mii, A. E., Coffey, H. M., Flood, M. F., & Hansen, D. J. (2022, November). *Housing instability during the COVID-19 pandemic: Factors impacting emergency housing assistance utilization*. Poster presented at the 56th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York City, NY.
- Coffey, H. M., Mii, A. E., May, G. C., Sonnen, E., Huit, T. Z., Erskine, B. S., Boohar, E., Flood, M. F., & Hansen, D. J. (2022, November). *Pathway from child maltreatment to adolescent substance use: The roles of community support and service accessibility.* Poster presented at the 56th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Erskine, B., Givhan, B. (2016, December). *Effects of Appearance Bias on Charitable Behavior*. Poster presented at Western Michigan University Department of Psychology Research Day, Kalamazoo, MI.

INVITED PRESENTATIONS

More than our trauma: Nurturing resilience (Home-based Staff)January 2022Webinar training provided to Head Start and Early Head Start staff focused on serving families who have
experienced adverse childhood experiences and trauma.January 2022

More than our trauma: Nurturing resilience (Center-based Staff) January 2022 Webinar training provided to Head Start staff focused on serving families who have experienced adverse childhood experiences and trauma.

TEACHING EXPERIENCE

Teaching Assistant, Human Sexuality University of Nebraska - Lincoln **Instructor, Psychology of Family Violence** University of Nebraska – Lincoln

Teaching Assistant, Abnormal Psychology *Western Michigan University* August 2022 – May 2023

July 2022 - August 2022

July 2017 - August 2017

ACADEMIC AND PROFESSIONAL SERVICE

Elected Student Representative Association for Behavioral and Cognitive Therapies (ABCT) Child Maltreatment and Interpersonal Violence Special Interest Group	2022 - 2023
Elected First-Year Student Representative	2022 - 2023
University of Nebraska - Lincoln	
Psychological Consultation Center (PCC) Advisory Committee	

PROFESSIONAL MEMBERSHIPS

Nebraska Psychological Association	2025 – Present
Student Member International Society of Traumatic Stress Studies	2023 - 2024
Student Member	2023 2024
American Psychological Association	2023 - Present
Student Member Association for Behavioral and Cognitive Therapies (ABCT) Student Member	2022 - Present
ABCT Child Maltreatment and Interpersonal Violence Special Interest Group <i>Student Member</i>	2022 – Present
Psi Chi International Honor Society <i>Member</i>	2017 - Present
Phi Theta Kappa Honor Society Member	2014 - Present

RELEVANT TRAININGS AND WORKSHOPS

Support Through Separation: Helping Incarcerated Parents and Caregivers Support February 2025 **Infants and Young Children Through Separation, Loss, and Reunification** *Minnesota Association for Children's Mental Health, Rebecca Shlafer, PhD, MPH*

Children with Problematic Sexual Behavior: Who Are They and How Can We Help? January 2025 *Nebraska Psychological Association, Erin Taylor, PhD*

Eight Best Practices for Forensic Assessment in Child and Family Cases Society for Child and Family Policy and Practice, Tess Neal, PhD	September 2024
Attachment, Neurodevelopment, and Resilience: A Developmental Perspective for Treatment of Sexual Behavior Problems <i>Nebraska Adolescent Perpetration Network, Kevin Creeden, MA, LMHC</i>	the May 2024
Parent-based Treatment for Child Anxiety Disorders <i>Philadelphia Behavior Therapy Association, Eli Lebowitz, PhD</i>	September 2023
Working Well with the Suicidal Patient: Ethics, Boundaries of Competence, Avoiding Harm, and Risk Management Association for Behavioral and Cognitive Therapies, Andrew White, PhD	September 2022
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Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in June 2022

Children and Adolescents – Introductory Webinar University of Miami, Jill Ehrenreich-May, PhD

Antiracism in the Third Wave: Culturally Humble Applications in August 2021 **Principle-Driven Treatment** Association for Behavioral and Cognitive Therapies, Kimberly Applewhite, PhD